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Treatment Procedures: Frequently Asked Questions

What are the fees?

Consultation and therapy sessions are charged at a standard rate of \$185/hour. To allow for record keeping and transitions, a standard hour is 45-50 minutes long, and half a session is 25 minutes. Initial evaluations are charged at a standard rate of \$370.00 and usually last 120 minutes. Evaluation/testing are charged at a standard rate of \$185/hour.

What is the payment procedure?

Payment is due at the time of service, and may be in the form of cash, personal check ATM check card, or credit card (Visa and Master Card are accepted for your convenience). Under conditions of financial hardship, you may arrange a payment plan with Dr. Meyers.

What are the health insurance procedures?

Many health insurance plans partially cover the cost of services. Depending on your insurance company and the specifics of your policy, you may be reimbursed directly or the covered amount may be sent to Dr. Meyers, the service provider. You are encouraged to contact your carrier to determine the specifics of your coverage. While payment for services is your responsibility, we will do everything possible to assist you in understanding and filing your health insurance claims. Please feel free to contact Dr. Meyers if you have any questions.

What happens if I have to miss a session?

Your therapy session belongs to you, it is reserved for you by Dr. Meyers and you are responsible for that time. If you arrive late for your therapy session Dr. Meyers cannot guarantee a full session, but you will be responsible financially for the full session. If you do not show for your reserved session, unless there are mitigating circumstances, you will be charged for the session reserved for you.

Fees for missed sessions may not be billed to health insurance plans. In the event that you must miss an appointment, please phone or email Dr. Meyers to cancel at least one day (24 hours) prior to the scheduled time if at all possible to avoid being charged.

Will records be kept?

Brief notes are kept to organize your therapy. Within certain limits, set out below, information revealed by you during therapy will be kept strictly confidential and will not be re-disclosed with your prior written permission. Only at your request can your records be released to

any person or agency you designate. You will be informed at that time if your therapist feels that making this record public might be harmful to you.

There are limited circumstances in which your therapist may be required by law to reveal Information obtained during your therapy to appropriate authorities without your permission, and the therapist may not inform you of such actions: (1) If you threaten grave bodily harm or death to another person or yourself; (2) if in a caretaking situation you physically or sexually abuse a child or elder; (3) if a court of law issues a legitimate subpoena for information specifically described in the subpoena; (4) if you have been referred for assessment, testing, or therapy by court order and the court requires a report.

What are your rights?

You have the right to decide not to receive therapy and, if you wish, you will be provided with the names of other qualified therapist. You also have the right to end therapy at any time without any moral, legal, or additional financial obligation. You have the right to ask questions about your therapy, as well as the right to refuse unwanted therapeutic techniques. You have the right to be informed of any unusually procedures, and advised of any known risks, in advance of the use of such techniques. No electronic recording of any session will occur unless you have asked or have agreed in writing. When Dr. Meyers will be unavailable, every effort will be made to inform you in advance.

After reviewing this “Treatment Procedures: Frequently Asked Questions”, please take time to ask any questions and discuss these issues. It is important that any questions or concerns be answered and clarified to your satisfaction in advance so as to avoid future misunderstanding.

Patient/Parent/Responsible Party

Date

M. Benjamin Meyers, Psy.D.
Licensed Clinical Psychologist

Date